

Birmingham Running Athletics and Triathlon Club
Rowheath 5km
14 August 2013
Incorporating the Warwickshire County AA 5km Champs and Warwickshire Road Race League

Pos.	No.	Name	Cat.	Club	Time	WCAA Champs
1	205	Andrew Savery	SM	Leamington C&AC	16.11	1st SM
2	228	Chris Fullerton	SM	Tipton H	16.37	
3	154	Andrew Siggers	SM	Kenilworth R	16.37	2nd SM
4	220	Dan Robinson	SM	BRAT	16.39	3rd SM
5	193	Paul Thompon	M40	Bourneville H	16.46	1st M35
6	149	Peter Brookes	M20	Holmfirth Harriers AC	16.47	1st M20
7	188	Chris Sharp	SM	Knowle & Dorridge RC	16.48	
8	109	Joseph Read	SM	Knowle & Dorridge RC	16.53	
9	198	Michael Morley	M45	Birchfield H	16.53	1st M45
10	211	Richard White	SM	Halesowen C&AC	16.55	
11	293	John Millington	SM	Tipton H	17.07	
12	139	Oliver Paulin	M20	Solihull & SH	17.13	
13	101	Mark Hall	M50	Ilkley Harriers	17.17	
14	159	Om Beacon-Halliday	SM	U/A	17.21	
15	210	Dean Hill	M40	Tipton H	17.23	
16	183	Tim Price	M35	Knowle & Dorridge RC	17.33	
17	206	Matthew Smith	SM	Tipton H	17.41	
18	221	Ed McGrath	M50	Centurion RC	17.48	
19	120	Windell Simpson	M50	Birchfield H	17.53	
20	160	Aaron Keene	M45	Tipton H	17.56	
21	282	Steve Clarke	M40	Amazing Feet	17.57	
22	225	David Conway	SM	Massey Fergusson	17.58	
23	136	Will Johnson	SM	Spa Striders	17.59	
24	155	Martin Dorrill	M45	Kenilworth R	18.04	
25	239	Steve Turvey	SM	Northbrook AC	18.05	
26	249	Thanos Tsolakis	M35	BRAT	18.06	
27	226	Kyza Derby	SM	Sphinx AC	18.07	
28	171	Andy Wilkinson	M35	Sphinx AC	18.08	
29	207	Eleanor Fowler	SF	Nuneaton H	18.09	1st SF
30	235	James Dempsey	M35	BRAT	18.10	
31	212	Paul Davies	M50	Centurion RC	18.11	
32	179	Ciaran Williams	SM	BRAT	18.12	
33	263	Alex Parker	SM	Birchfield H	18.18	
34	195	Peter Matthews	SM	Kenilworth R	18.19	
35	164	Carson Tweedi	M40	Cobra AC	18.20	
36	197	Rob Deakin	SM	Birchfield H	18.21	
37	130	Jon McKeown	M35	Bournville H	18.22	
38	156	Torsten Roesler	SM	Knowle & Dorridge RC	18.23	
39	133	Eric Fowler	M45	Nuneaton H	18.26	
40	266	Karl Welborn	SM	BRAT	18.26	
41	190	Chris Morgan	SM	Knowle & Dorridge RC	18.28	
42	280	Nathan Warren	SM	BRAT	18.34	
43	138	Richard Steel	M50	Kenilworth R	18.38	
44	176	Thomas Healey	M50	Centurion RC	18.39	
45	222	Nick McEvoy	M20	BRAT	18.43	
46	129	Wayne Vickers	M40	Stratford-U-Avon AC	18.46	
47	292	James Connolly	SM	BRAT	18.49	
48	201	Gavin Davies	M45	Centurion RC	18.50	
49	231	Paul Webster	M35	Sparkhill H	18.51	
50	124	Martin Cleaver	SM	BRAT	18.51	
51	152	Kate Wright	F50	Stratford-U-Avon AC	18.58	2nd SF, 1st F45
52	264	Sam Millington	SM	BRAT	18.59	
53	106	Connolly Meagher	M40	Birchfield H	19.00	
54	259	Chris James	M20	U/A	19.02	
55	209	Paul Edwards	SM	Spa Striders	19.03	
56	291	Andy Hall	M40	Bournville H	19.04	
57	163	Martin Ludford	M55	BRAT	19.06	1st M55
58	224	Sophie Lynch	SF	Tipton H	19.17	
59	131	Graham Taylor	M40	Stratford-U-Avon AC	19.18	
60	262	Michael Williams	M55	Kenilworth RC	19.19	
61	175	Peter Taylor	M55	Leamington C&AC	19.21	
62	245	Anthony Carbutt	SM	U/A	19.24	
63	166	Paul Sheppard	M35	Cobra	19.25	
64	199	Alistair Gorrie	M35	BRAT	19.25	
65	135	Haydn Davies	M50	Stratford-U-Avon AC	19.26	

66	285	Luke	Dandy	SM	BRAT	19.30	
67	117	David	Walters	SM	BRAT	19.30	
68	126	Philip	Lumley	M55	U/A	19.33	
69	104	Peter	Kirkhope	M45	Northbrook AC	19.34	
70	134	Richard	Broadbent	M40	Warwick Wasps	19.35	
71	265	Stephen	Thompson	M45	BRAT	19.35	
72	180	Mark	Burgoyne	M45	Knowle & Dorridge RC	19.36	
73	158	Carolyn	Wilkinson	F40	Spa Striders	19.36	3rd SF, 1st F35
74	219	Tom	Gotts	SM	Spa Striders	19.36	
75	200	Mark	Newman	M35	Stratford-U-Avon AC	19.42	
76	144	Rob	Ambrose	SM	Knowle & Dorridge RC	19.44	
77	204	Eloise	Lee	SF	BRAT	19.45	
78	260	Peter	Fellows	M55	Northbrook AC	19.50	
79	105	Neil	Lloyd	M35	Birchfield H	19.51	
80	243	Tony	Haden	M45	Centurion RC	19.56	
81	250	Robert	Mills	M55	Sparkhill H	19.57	
82	218	Zara	Blower	SF	Leamington C&AC	19.57	
83	203	Edward	Tolhurst	M35	Stratford-U-Avon AC	19.58	
84	187	Andy	Hoole	SM	Bournville H	19.58	
85	150	Steve	Webb	M45	Leamington C&AC	20.00	
86	236	Joel	Griffin	M35	BRAT	20.00	
87	151	David	Jones	M55	West Bromwich H	20.01	
88	103	Richard	Hunter	M45	U/A	20.07	
89	162	Jo	Kirby	SF	Spa Striders	20.07	
90	157	Andrew	Carwardine	M40	Centurion RC	20.08	
91	238	Robert	Dowse	SM	BRAT	20.09	
92	244	Sarah	Rock	F35	Bournville H	20.10	
93	145	Edmund	Wallace	SM	Centurion RC	20.12	
94	215	Clare	Hinton	F35	Spa Striders	20.13	
95	261	David	Harte	M45	Bournville H	20.13	
96	189	Wayne	Muddiman	M40	Centurion RC	20.15	
97	214	Jonathan	Costello	SM	BRAT	20.17	
98	223	Adam	Nelson	M35	Warley Woods Pacers	20.17	
99	286	Steve	Flanagan	SM	Northbrook AC	20.18	
100	208	Jennifer	Cheetham	SF	BRAT	20.20	
101	277	John	Mujinga	M50	U/A	20.20	
102	274	Daisy	Wilson	SF	BRAT	20.21	
103	272	Hannah	Irvine	SF	BRAT	20.21	
104	217	Hartwig	Busch	M35	Spa Striders	20.23	
105	278	Gareth	Dixon	SM	BRAT	20.27	
106	196	Sebastien	Nicolas	M35	Stourbridge RC	20.32	
107	112	Andrew	Wadsworth	M50	Sparkhill H	20.32	
108	229	Jennifer	Dale	SF	BRAT	20.33	
109	232	David	Carbutt	SM	U/A	20.34	
110	253	Amanda	O'Leary	F40	Knowle & Dorridge RC	20.37	
111	142	Sarah	Bland	F45	Stratford-U-Avon AC	20.50	
112	216	Amy	Sheppard	SF	Cobra	20.59	
113	194	Dean	Tillinghast	M35	U/A	21.03	
114	107	Dave	Pettifer	M60	Kenilworth R	21.12	
115	267	Tony	Hughes	M55	Northbrook AC	21.18	
116	125	Paul	Hawkins	M55	Stratford-U-Avon AC	21.23	
117	123	Emma	Bexson	F35	Stratford-U-Avon AC	21.26	
118	248	Bill	O'Sullivan	M60	Midland Masters	21.31	
119	242	Ben	Beaumont	SM	BRAT	21.35	
120	257	Tom	Chalkley	SM	U/A	21.39	
121	165	Keith	Boxley	M45	Birchfield H	21.40	
122	213	Sharon	Davies	F40	Centurion RC	21.48	
123	137	F	Ferguson	SF	Spa Striders	21.49	
124	275	Simon	O'Sullivan	SM	Solihull & SH	21.51	
125	110	Luke	Watkins	SM	Stratford-U-Avon AC	21.56	
126	252	Tanya	Daniels	SF	BRAT	21.58	
127	186	Roger	Wilson	M70	Stratford-U-Avon AC	22.02	1st M65
128	161	Patrick	Recker	SM	Spa Striders	22.04	
129	290	Zamie	Williamson	F35	BRAT	22.06	
130	114	Emma	Donnelly	SF	Centurion RC	22.13	
131	102	Nick	Hewitt	M40	Birchfield H	22.20	
132	140	Stewart	Grainger	M35	BRAT	22.27	
133	279	Eric	Robathan	M50	Centurion RC	22.28	
134	118	John	Enright	M40	Bournville H	22.36	
135	170	Mick	Edwads	M65	Sparkhil H	22.36	
136	127	Andrew	Brown	M50	Stratford-U-Avon AC	22.41	
137	258	Jack	Moncaster	SM	U/A	22.59	

138	167	Robert	Simmonds	M50	Warley Woods Pacers	23.01	
139	113	Theresa	Woolley	F50	Centurion RC	23.02	
140	289	Khalid	Malik	M35	Birchfield H	23.06	
141	178	Spencer	Davies	M40	Northbrook AC	23.10	
142	174	Andrew	Turner	SM	Stratford-U-Avon AC	23.17	
143	269	Chris	Sewell	SM	U/A	23.19	
144	237	Keith	Best	M60	Tipton H	23.21	
145	281	Jeanette	Robathan	F50	Centurion RC	23.21	
146	246	Barrie	Roberts	M70	Bournville H	23.27	
147	153	Lou	Satterthwaite	M70	Centurion RC	23.30	
148	273	Simon	Woodhead	M45	U/A	23.33	
149	168	Michaela	de la Fosse	SF	U/A	23.34	
150	284	Zoe	Schnepp	SF	BRAT	23.40	
151	172	Peter	Lawton	M55	Birchfield H	23.41	
152	141	Mark	Cooper	M50	Bournville H	23.42	
153	128	Adrian	Lloyd	M65	Centurion RC	23.43	
154	202	Alexander	Davidson-Elliott	M70	Birchfield H	23.54	
155	100	Carol	Blower	F50	Leamington C&AC	24.05	
156	169	Larry	Coltman	M55	Stratford-U-Avon AC	24.12	
157	122	Alan	Britton	M60	Birchfield H	24.14	
158	148	Eric	Brookes	SM	U/A	24.16	
159	182	Stuart	Calderbank	M65	Centurion RC	24.20	
160	115	Thomas	Dable	M65	Kenilworth R	24.24	
161	233	Jonna	Salvesen	SF	U/A	24.32	
162	143	Cathlyn	Bone	F35	BRAT	24.35	
163	146	Peter	Brookes	M55	U/A	24.38	
164	147	Aaron	Cheatle	M20	U/A	24.38	
165	181	Ruth	Calderbank	F60	Stratford-U-Avon AC	24.51	
166	240	Jude	Glynn	F50	Bournville H	25.03	
167	251	Sarah	Bakewell	SF	BRAT	25.12	
168	119	Richard	Donoghue	M40	Birchfield H	25.14	
169	287	Sarah	Flanagan	F45	Coventry Godiva	25.29	
170	191	Paul	Cornock	M50	Centurion RC	25.50	
171	230	Paul	Twose	M45	BRAT	25.56	
172	271	Rebecca	Lesniak	SF	Bournville H	26.05	
173	268	Anne	Hughes	F55	Northbrook AC	26.06	1st F55
174	241	William	Falconer	M35	Birchfield H	26.13	
175	288	Adam	Hancox	SM	U/A	26.18	
176	227	Barry	Walker	M55	BRAT	26.26	
177	121	John	Adams	M60	Birchfield H	26.35	
178	247	Sarah	Baggott	F35	Birchfield H	26.43	
179	108	Lesley	Pymm	F60	Bournville H	26.48	
180	254	Tanya	Griffiths	SF	Centurion RC	27.00	
181	116	Pauline	Dable	F65	Kenilworth R	27.29	1st F65
182	255	Elizabeth	Smith	SF	Centurion RC	27.40	
183	132	Norman	Smith	M65	Stourbridge RC	28.13	
184	177	Chris	Seeny	M60	Stratford-U-Avon AC	28.51	
185	270	John	Butler	M65	Stratford-U-Avon AC	29.06	
186	173	Michael	Oliver	M50	Stratford-U-Avon AC	29.07	
187	185	Adrienne	Iwanski	F50	Warley Woods Pacers	29.09	
188	184	Patricia	Barclay	SF	Warley Woods Pacers	29.11	
189	256	Bernadette	Powell	F50	Warley Woods Pacers	29.55	
190	235	Fiona	Fuller	SF	Bournville H	33.00	
191	192	Andrew	Saker	M45	BRAT	DNF	
192	276	Ian	Williams	M45	U/A	DNF	
193	283	Martin	Hollamby	SM	BRAT	DNF	